

GALLOPING GOOSE

ISSUE 15, November 30, 2017

PHONE NUMBERS: K-6 882-4688, MS/HS 882-7288, PS 882-7277,
BUS 882-2649

From the Principal's Desk:

Dolores Elementary School teaches from first bell (8:15) to last bell (3:35) every day. One of the most important things you can do is have your child come to school prepared and on time every day. Missing just five minutes a day is like missing two days of school if your child leaves 10 minutes early or is 10 minutes late for school every day, that is similar to missing a whole week of school.

REMINDER: Please have after-school plans worked out with your child before your child comes to school. Changes in after school plans during the day do happen and if they do, call the office immediately. When a child does not know where they are going after school, it puts stress on the child and the office.

Dates to Remember:

Dec. 1 - Pickles and Popcorn

Dec. 7 - PTA Meeting - 2:30 - Teachers Lounge

Dec. 8 - NO SCHOOL - Teacher Training/PLC

Dec. 20 - Winter Program - 7:00 - Aux. Gym

Dec. 21 - EARLY RELEASE - 1:35

Dec. 22 - NO SCHOOL - Teacher Workday - End of Semester 1

Dec. 22 - Jan 8 - NO SCHOOL - Winter Break

Jan. 8 - NO SCHOOL/Teacher Training Day

PTA:

Pickles & Popcorn is TOMORROW!!!

Popcorn is 25 cents a bag, limited.

Half a pickle is 50 cents

December 7th- PTA Meeting 2:30. Hope to see you there!

Classroom Capers:

Mrs. Christenson, Mrs. Hill, & Mrs. Tourjee - First Grade:

Welcome back! What a wonderful time to spend with family and friends and a chance to catch our breath before Christmas break. DIBELS and NWEA testing begins next week. Reading at home on a daily basis is the best support for gains in reading on these assessments. A good supper and breakfast and a good night's sleep makes a huge difference in your child's performance. Consistent structure and routines help kids have a strong foundation for meeting goals for growth. First grade has begun our journey of traveling around the world to learn about the history of our traditions and how other countries celebrate may celebrate this time of year. England, Mexico, Germany, Brazil, France, Sweden, Netherlands, Israel, Spain, the Philippines, China and the Netherlands are some of the places we will visit. Ask your child where they have traveled so far. It is a whirlwind tour of fun, learning, crafts, and imagination. May these busy days be filled with joy for you as we wrap up the first half of the school year.

Ms. Hutchins, Mrs. McNeill, & Ms. Savage - Second Grade:

Next week, second grade will be taking their NWEA Reading and Math assessments. These tests help us to know what your child has learned so that we can meet their needs more effectively. Please make sure your child gets a healthy breakfast and a good night's sleep. Additionally, there will be no homework because of the testing.

Mrs. Lowe, Mrs. Neeley, & Mrs. Russell - Third Grade:

Third grade continues learning about Dolores' History and it's important industries. In math we are working on learning multiplications facts of 6,7,8, and 9. Please help your child memorize the 0,1,2,3,4,5 and 10 facts to make these next facts easier.

Mrs. Bellairs, Mrs. Carpenter, & Mrs. Grazda - Fourth Grade:

We hope everyone had a great Thanksgiving Break! We are looking forward our field trip on December 12th to the Planetarium in Farmington!

In math we are starting our unit on division. Please be sure to continue practicing multiplication facts at home to help solidify fact families for division. We are also studying the Solar System and how the components of space move in a inquiry based, project based style. On Friday we are having our Author's Celebration for our fictional narratives! Our next step in writing will be creating our own legends about space, and writing an expository piece about space as well.

Mrs. Bjerke, Mrs. Jones, & Mrs. Lein - Fifth Grade:

Greetings from Fifth Grade!

We hope you all had a wonderful Thanksgiving break together. We have so much to be grateful for. We will be starting our NWEA testing next week and ask that you help your child get plenty of rest and a good breakfast, as we will be testing in the mornings. We will also be wrapping up our Explorers research and beginning a poetry unit focusing on celebration of light around the world. Thank you again for your support at home - it makes a big difference!

Mrs. Barry, Mr. LaRose, Mr. Smith - Sixth Grade:

Hi Parents,

Science Fair is right around the corner for our 6th grade students. Please check in with them and see if they're where they need to be. Keep up the good work and finish strong! Our science fair is scheduled for Thursday, December 14th. Parent viewing is from 3:30 - 5:00 on that day. For Math we are finishing up percents and moving on to dividing fractions. In language arts students are reading for comprehension and identifying literary devices used in their novel. STEM class is working on learning about friction, pushes and pulls. They are applying what they have learned about these concepts to their Sumobots. In Social Studies students are exploring government. Enjoy the few weeks before Christmas and stay warm.

6th Grade Team

Mrs. Bean - Music:

The Winter Program will be held on December 20 @ 7:00. Please have students in their rooms at 6:30 .



7 MINDSETS™

ACADEMY

7 Mindsets Update

Hello parents! This week in your student's 7 Mindsets class, they are being introduced to the third mindset: We are Connected! The knowledge they gain will be built upon in their regular classrooms. This is what it's all about:

The "We are Connected" mindset teaches us that everyone who comes into our lives can help us to achieve and live our dreams. Working with, for, and through others is crucial to realizing our dreams.

The 4 critical components of "We are Connected" (it will take approximately a month to hit all these components):

1. Embrace Everyone – Every person that comes into our lives has the potential to help us, hurt us, or have no impact at all. People who live great lives embrace everyone and constantly seek ways to serve and connect with those they encounter.
2. Maximize Positive Relationships – Some people in our lives lift us up and make us better, while others can bring us down. We must work to spend more time with people that empower us and less with the ones who don't.
3. Build Your Dream Team – Building a Dream Team is about identifying the individuals who can help us live our dreams. Perhaps they have experience we can draw from, access to resources we will need, or can provide us with critical support as we start the path toward our dreams and face the challenges that will bring.
4. Lead with Value – When we find people who can help us in life, we need to start building those relationships quickly so the cycle of giving can begin.

Top 5 Dos and Don'ts at Home:

1. Do spend time talking about and modeling the We are Connected mindset at home by embracing everyone, finding ways to connect with others and learning from them.
2. Don't spend time talking about others negatively.
3. Do look for ways to connect with other people. By celebrating life with friends and family and spending time going places with others and connecting, children learn the importance of these relationships.

4. Don't discourage them from making new friends.
5. Do find ways to give back and lead with value in the community. Serving others teaches us a lot about ourselves and the importance of cooperation.



What: Parade of Lights

*Who: 100-Mile Club members and their
family/friends*

When: December 2, 6:00

**Please meet behind Notah Dineh by 5:45*

**Dress warm and festive!*

**An adult must jog with the students that they bring. This is to ensure that every child will be supervised before, during, and after the parade.*

DECEMBER



LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
				1 Taco Bowl Lettuce & Tomatoes Fruit Juice Milk Variety	Cal 466 T.Fat 18.24 G S.Fat 6.9 G Chol 55.8 Mg Sodium 367.29 Mg Carb 49.58 G Fiber 3.8 G Prot 27.35 G Iron 2.91 Mg Calc 522.96 Mg VtA 26.69 RE
4 Pasta & Meat Sauce Tossed Salad Garlic Toast Fruit Juice Milk Variety	5 Brunch For Lunch Scrambled Eggs Salsa Hashbrown Patty Orange Smiles Milk Variety	6 Chicken Patty/Bun CORN FRUIT Milk Variety	7 Roasted Chicken Stuffing Buttered Peas FRUIT Milk Variety	8 NO SCHOOL	Cal 533 T.Fat 18.64 G S.Fat 6.1 G Chol 157.6 Mg Sodium 1117.86 Mg Carb 65.45 G Fiber 6.6 G Prot 26.94 G Iron 5.24 Mg Calc 350.69 Mg VtA 19.26 RE
11 Corn Dog Catsup Baked Beans FRUIT Milk Variety	12 Grilled Cheese Sandwich Tomato Soup FRUIT Milk Variety	13 Pizza Green Beans FRUIT Milk Variety	14 Lo Mein Eggroll Fortune Cookie FRUIT Milk Variety	15 Hamburger on a Bun Potato Tots Catsup Pickles FRUIT Milk Variety	Cal 386 T.Fat 13.49 G S.Fat 5.1 G Chol 33.1 Mg Sodium 1262.22 Mg Carb 53.38 G Fiber 4.9 G Prot 16.37 G Iron 2.60 Mg Calc 296.07 Mg VtA 6.54 RE
18 Pizza Sticks Green Beans FRUIT Milk Variety	19 Frito Pie Tossed Salad Chilled Pears Milk Variety	20 CHICKEN ALFREDO Garlic Toast Tossed Salad Apple Milk Variety	21 P.B. & Jelly Sandwich String Cheese Baby Carrots Apple Milk Variety	22 NO SCHOOL	Cal 528 T.Fat 22.84 G S.Fat 10.5 G Chol 61.3 Mg Sodium 929.97 Mg Carb 58.78 G Fiber 7.0 G Prot 20.10 G Iron 2.74 Mg Calc 415.80 Mg VtA 13.35 RE



December

BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
				1 Cereal Elf Grahams FRUIT Milk Variety	Cal 368 T.Fat 7.55 G S.Fat 2.4 G Chol 9.8 Mg Soom 330.07 Mg Caro 66.62 G Fiber 3.0 G Prtn 11.42 G Iron 5.19 Mg Calc 805.98 Mg
4 English Muffin Grilled Egg Patties Craisins Milk Variety	5 Pancakes/Stick Syrup Hashbrown Patty Peaches Milk Variety	6 Breakfast Burrito Muffin Apple Milk Variety	7 Cereal Elf Grahams FRUIT Milk Variety	8 NO SCHOOL	Cal 391 T.Fat 11.58 G S.Fat 3.3 G Chol 91.8 Mg Soom 535.51 Mg Caro 61.11 G Fiber 3.4 G Prtn 12.65 G Iron 3.40 Mg Calc 297.73 Mg
11 Breakfast Pizza Apple Milk Variety	12 Oatmeal Muffin Fruit Juice Milk Variety	13 Breakfast Power Bar Muffin Craisins Milk Variety	14 Waffle Stix/syrup Sausage link Peaches Milk Variety	15 Cereal Elf Grahams FRUIT Milk Variety	Cal 461 T.Fat 12.30 G S.Fat 3.2 G Chol 21.7 Mg Soom 333.50 Mg Caro 77.51 G Fiber 5.1 G Prtn 12.37 G Iron 3.64 Mg Calc 253.80 Mg
18 Combo Bars Hashbrown Patty Catsup Applesauce Milk Variety	19 Frittata, Ham and Cheese Muffin Applesauce Milk Variety	20 Pancakes/Stick Syrup Hashbrown Patty Peaches Milk Variety	21 Cereal Elf Grahams FRUIT Milk Variety	22 NO SCHOOL	Cal 423 T.Fat 19.69 G S.Fat 6.5 G Chol 122.1 Mg Soom 820.87 Mg Caro 46.92 G Fiber 1.9 G Prtn 18.65 G Iron 2.65 Mg Calc 381.74 Mg